



Immunization Facts

Flu and Pneumonia

- Nationally approximately 36,000 people die from the flu each year.
 - Ninety percent of these deaths occur in seniors 65 years of age and older.
- Of adults over the age of 65 in Los Angeles County, about 37% of African Americans reported receiving a recent seasonal flu vaccination in 2009, compared to 64% of Latinos and 66% of Whites.
- People most at risk for experiencing complications from seasonal flu include
 - children under age 2,
 - adults over age 65,
 - pregnant women, and
 - people with asthma, diabetes, heart disease, stroke, cancer or HIV/AIDS.
- The Centers for Disease Control and Prevention (CDC) recommends that everyone 6 months of age and older receive the flu vaccination to decrease disease and complications.
- Children aged 6 months through 8 years who never received a flu vaccine require 2 doses of influenza vaccine (given at least 4 weeks apart).

Whooping Cough

- In 2010, over 27,000 cases of pertussis (whooping cough) were reported in the United States.
 - Over half of infants who get pertussis are hospitalized.
- The Centers for Disease Control and Prevention (CDC) recommends that pregnant women receive the Tdap (Tetanus, Diphtheria and Pertussis) vaccination every pregnancy to protect the baby against whooping cough at birth.

Talk with your healthcare provider! Immunize LA Families urges you to talk with your healthcare provider about which vaccines are needed based on your individual medical history or your family members' histories.

For additional information please see: <http://www.cdc.gov/vaccines/spec-grps/default.htm>

Phone 211 to learn about flu clinics in Los Angeles County and other immunization information.



Immunization Facts

Children and Teens

- Approximately 77% of California's Latino and White kindergarteners in 2010 were up to date with recommended vaccinations at 24 months of age compared to 66% of African American classmates.
- All children in California are now required to be immunized with the Tdap booster prior to entry into 7th grade. Tdap prevents pertussis (whooping cough), diphtheria and tetanus.
- Meningococcal Disease (meningitis) can kill within 12 to 48 hours. Meningococcal vaccine is recommended for preteens 11-12 years of age, with a booster dose at age 16.

Pregnant Women and Babies

- Recommendations for prenatal women include a flu vaccination as well as a Tdap vaccination during each pregnancy, preferably during the 27th through 36th week.
- Fathers, grandparents, older siblings and caregivers should also have a Tdap vaccination, at least two weeks before any contact with a newborn or young infant.

Adults

- Adults need vaccinations too! All adults (19 years of age and older) need an annual flu vaccination. They also need a one-time dose of Tdap (tetanus, diphtheria and pertussis), which protects against whooping cough. Adults later need a Td (tetanus and diphtheria) booster every 10 years.
- All adults 60 years and older need a shingles vaccination, and at 65 or older, a pneumococcal vaccination. Adults may need other vaccines, such as measles, hepatitis A & B and chicken pox.
- Adults of any age faced with chronic diseases are at greater risk from vaccine-preventable diseases.

Immunize LA Families collaborates with public, private and community stakeholders to improve immunization coverage across the lifespan by developing and implementing strategies tailored to the community that eliminate disparities in vaccine-preventable diseases. Our vision is a healthy, fully immunized Los Angeles community.

Learn about the IZLAF Coalition at www.izlaf.org or contact us at 562-877-4444.